

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

December 2020

LAWTON/FT. SILL VETERANS CENTER RED WING STRONG

9:00 MUSIC & EXERCISE **1**
1:00 PT WORKOUT
1:00 NAIL CARE
2:00 MOVIE MATINEE

9:00 MUSIC & EXERCISE **2**
1:00 PT WORKOUT
2:00 RESIDENT'S COUNCIL MEETING
6:30 BIBLE STUDY

**9:00 – 3:00
RED WING VISITS
(APPOINTMENT ONLY)**

9:00 MUSIC & EXERCISE **4**
1:00 PT WORKOUT
2:30 BINGO

MICHELLE **5**
8:00 – 6:00 VARIOUS ACTIVITIES CONDUCTED BY THE WEEKEND RECREATION PERSONEL.

Various activities conducted by the weekend activity aides throughout the entire day.
2:00 (Chapel Service for Blue Wing)
2:30 (Chapel Service for Red Wing)

9:00 MUSIC & EXERCISE **7**
1:00 PT WORKOUT
2:00 SHUFFLE TOSS GAME & SNACKS

9:00 MUSIC & EXERCISE **8**
1:00 PT WORKOUT
1:00 NAIL CARE
2:00 MOVIE MATINEE

9:00 MUSIC & EXERCISE **9**
1:00 PT WORKOUT
2:30 BINGO
6:30 BIBLE STUDY

**9:00 – 3:00
RED WING VISITS
(APPOINTMENT ONLY)**

Hanukkah Begins

INDEPENDENT LEISURE **11**
9:00 MUSIC & EXERCISE
1:00 PT WORKOUT

PAMELA **12**
8:00 – 6:00 VARIOUS ACTIVITIES CONDUCTED BY THE WEEKEND RECREATION PERSONEL.

Various activities conducted by the weekend activity aides throughout the entire day.
2:00 (Chapel Service for Blue Wing)
2:30 (Chapel Service for Red Wing)

RESIDENTS LEISURE TIME ACTIVITIES **14**
9:00 MUSIC & EXERCISE
1:00 PT WORKOUT

RESIDENTS LEISURE TIME ACTIVITIES **15**
9:00 MUSIC & EXERCISE
1:00 PT WORKOUT

9:00 MUSIC & EXERCISE **16**
1:00 PT WORKOUT
2:00 SHUFFLE TOSS GAME & SNACKS
6:30 BIBLE STUDY

**9:00 – 3:00
RED WING VISITS
(APPOINTMENT ONLY)**

9:00 MUSIC & EXERCISE **18**
1:00 PT WORKOUT
2:30 BINGO

KARLA **19**
8:00 – 6:00 VARIOUS ACTIVITIES CONDUCTED BY THE WEEKEND RECREATION PERSONEL.

Various activities conducted by the weekend activity aides throughout the entire day.
2:00 (Chapel Service for Blue Wing)
2:30 (Chapel Service for Red Wing)

9:00 MUSIC & EXERCISE **21**
1:00 PT WORKOUT
2:00 SHUFFLE TOSS GAME & SNACKS

Winter Begins

9:00 MUSIC & EXERCISE **22**
11:00 RED WING CHRISTMAS SOCIAL
1:00 PT WORKOUT
2:00 MOVIE MATINEE

9:00 MUSIC & EXERCISE **23**
1:00 PT WORKOUT
2:30 BINGO
6:30 BIBLE STUDY

CHRISTMAS GIFTS TO RESIDENTS



Happy Holidays

Christmas

ADRIAN **26**
8:00 – 6:00 VARIOUS ACTIVITIES CONDUCTED BY THE WEEKEND RECREATION PERSONEL.

Boxing Day (Canada)
Kwanzaa Begins

Various activities conducted by the weekend activity aides throughout the entire day.
2:00 (Chapel Service for Blue Wing)
2:30 (Chapel Service for Red Wing)

9:00 MUSIC & EXERCISE **28**
1:00 PT WORKOUT
2:00 SHUFFLE TOSS GAME & SNACKS

9:00 MUSIC & EXERCISE **29**
1:00 PT WORKOUT
1:00 NAIL CARE
2:00 MOVIE MATINEE

9:00 MUSIC & EXERCISE **30**
1:00 PT WORKOUT
2:00 SHUFFLE TOSS GAME & SNACKS
6:30 BIBLE STUDY

HAPPY NEW YEAR!

11:00 RED WING UNIT PARTY

2:30 BINGO

New Year's Eve

**VETERANS, FAMILY & STAFF:
“LEAVE A LITTLE SPARKLE WHEREVER YOU GO!”**